

WELCOME TO THE FOREST HILLS WEST SCHOOL

63-25 Dry Harbor Rd,
Flushing, NY 11379
(718) 639-9750

We support children of all abilities, working together to prepare them for life



Welcome to our program's virtual tour!

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Program Services

- ✓ The Forest Hills West School Program can be found at 63-25 Dry Harbor Road, Middle Village, NY 11379.
- ✓ The program comprises six classrooms, featuring ratios of 12:1:2 and 8:1:2, along with integrated UPK classrooms.
- ✓ Our program caters to young children aged 2.9 to 5 years, accommodating a diverse range of ability levels.
- ✓ Our program embraces an open-door policy, inviting parents to visit at any time throughout the school day.
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- ✓ Breakfast and lunch are available for all students.
- ✓ The school day operates from 8:00 AM to 2:20 PM
- ✓ We offer a year-long school program spanning 12 months.
- ✓ There is a private playground situated behind the building.
- ✓ We offer a comprehensive range of related services using a push-out/push-in model throughout the school day. These services include:
 - Occupational Therapy (OT)
 - Speech Therapy (SP)
 - Physical Therapy (PT)
 - Counseling Services

ADAPT Philosophy

ADAPT's Dedication to Children's Services

ADAPT is devoted to providing comprehensive education for children and young adults. Our preschool, school-age, and after-school programs are thoughtfully crafted to engage and educate children with special needs.

High-Quality Learning Environment

Our universal pre-kindergarten and integrated programs create a welcoming, family-friendly learning atmosphere for children across all developmental stages. Each class is conducted by licensed and certified teachers, supported by certified teaching assistants to ensure the best educational experience.



Creative Curriculum

Our Program's Approach to Learning

Our program employs the Creative Curriculum to choose our units of study every six weeks. This year, the children engaged in various fascinating topics, including:

- The Building Study
- The Clothes Study
- Simple Machines
- The Tree Study

Teachers collaborate in teams that meet weekly to discuss activities, projects, differentiate instruction, and plan collectively to effectively support each child's unique learning style.



Creative Curriculum

Student & Class Projects



Working & Learning



Sample Schedule/Flow of the Day

Students start their school day at 8:00 a.m., arriving either via family drop-off or the school bus. Throughout the day, children engage in a variety of activities, including:

- Morning meeting
- Learning centers (twice)
- Music and movement
- Playroom or gym time
- Lunch
- Large group activities
- Read-aloud sessions
- Day's recap



These experiences contribute to a well-rounded school day.

Gross Motor Activities in Our Playroom and Playground



Pyramid Model

The Pyramid Model is a conceptual framework of evidence-based practices for promoting young children's healthy social and emotional development.

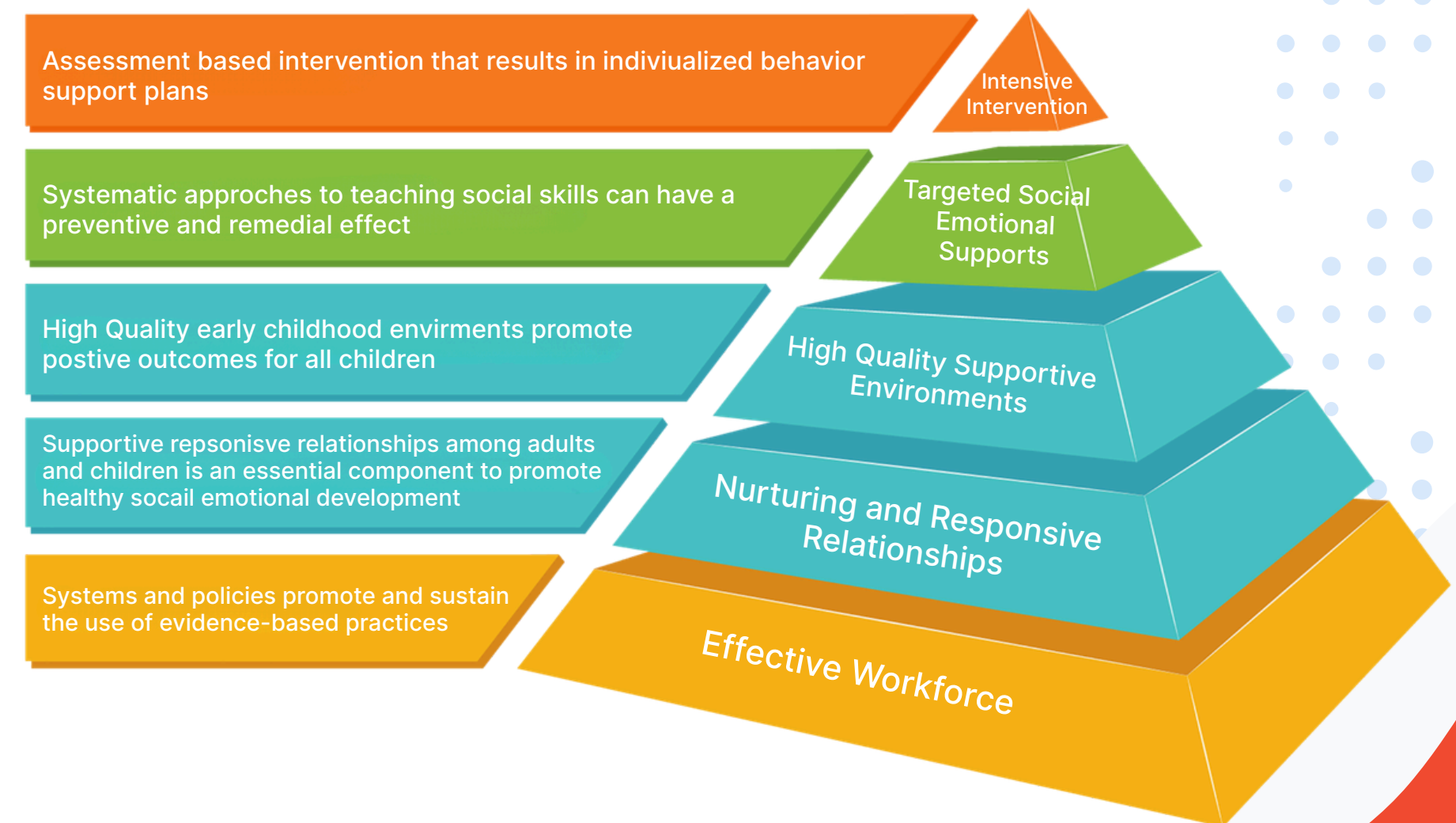
Supporting the Pyramid Model

- At the base of the Pyramid Model is a skilled and effective workforce.
- The foundation for all practices within the Pyramid Model consists of the essential systems and policies that enable a workforce to adopt and maintain these evidence-based practices.

Tier 1: Universal Promotion

Universal supports for all children through nurturing and responsive relationships and high quality environments. At the universal level we include the practices needed to ensure the promotion of the social development of all children.

- High Quality Environments
 - Inclusive early care and education environments
 - Supportive home environments
- Nurturing and Responsive Relationships
 - Essential to healthy social development
 - Includes relationships with children, families and team members



Our program teaches the students about the 3B's. We incorporate this into all of our activities and learning throughout the day. We model for children what it means to be:

Be kind, Be safe, Be helpful



Family Connect - Family Training and Workshops

<https://learning.adaptcommunitynetwork.org/#/online-courses/9677ad99-1e54-4eac-8316-0d03170b868f>

- ✓ Training workshops and forums on a variety of topics (available in English and Spanish)
- ✓ Introductions to collaborative relationships in the community- liaisons between schools, resource libraries, demonstration centers and clinical programs
- ✓ Up-to-date community resource information
- ✓ Empowerment and advocacy
- ✓ Confidential guidance

SHARE Brooklyn
160 Lawrence Avenue, Brooklyn, NY 11230
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Contact Information

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**We trust you enjoyed
our virtual tour and
look forward to
seeing you soon!
Please feel free to
reach out to us
anytime!**