

# Program Newsletter

## ADVOCACY AT THE MAYOR'S OFFICE FOR PEOPLE WITH DISABILITIES

ADAPT Community Network was represented at a meeting with Commissioner Nisha Agarwal of the Mayor's Office for People with Disabilities, where city leaders and advocates gathered to discuss priorities for the disability community. Bronx self-advocate Stephen Calder spoke about critical accessibility challenges, including the need for more curb cuts and reliable elevator service in NYCHA buildings. He shared how these barriers impact daily life, from crossing the street to attending essential appointments and programs. The Commissioner expressed interest in continuing engagement with ADAPT to better understand and address the needs of the I/DD community.



For more information and a complete list of other upcoming activities please visit <https://adaptcommunitynetwork.trumba.com>

## Highlights

Advocacy AT the Mayor's Office for People with Disabilities

Adaptive Cycling Adventure Outdoors

Inclusive Intelligence: Making AI Accessible

Art & Culture at the Jewish Museum

Rally in the Valley: Advocating for Essential Services

Art Highlight: Creating Your Own Luck

Adventure Highlight: Eric Tellefsen in Nevada

Upcoming Events

Scan the QR Code Below to Visit Trumba for more info



## ADAPTIVE CYCLING ADVENTURE OUTDOORS



Athletes joined a guided outdoor cycling experience using specialized tandem bikes and adaptive handcycles. The activity provided an opportunity to enjoy nature while building strength and staying active without limits. Along the way, participants socialized with fellow cyclists and practiced safety by wearing helmets, all while taking in scenic views during the ride.

## INCLUSIVE INTELLIGENCE: MAKING AI ACCESSIBLE

ADAPT is excited to host a series of AI trainings in our computer labs, designed to strengthen digital literacy and introduce participants to the growing role of artificial intelligence in everyday life. These sessions provide a hands-on, supportive environment where individuals can learn how to use AI tools, understand key safety guidelines, and build confidence navigating new technology. By expanding access to AI education, we are helping ensure our community is informed, empowered, and prepared for the future.



## EXPLORING ART AND CULTURE AT THE JEWISH MUSEUM

Culture enthusiasts visited the Jewish Museum, where they learned about Jewish art, history, and culture. The museum educator warmly welcomed the group and led engaging arts and crafts activities. Participants enjoyed a hands-on, immersive experience that deepened their understanding of the exhibits. The experience sparked curiosity and excitement, with many looking forward to future visits and continued partnership opportunities.



## RALLY IN THE VALLEY: ADVOCATING FOR ESSENTIAL SERVICES



Advocates traveled to the Hudson Valley to attend Rally in the Valley alongside nearly 3,000 supporters, families, service providers, and staff. The event served as a powerful call to action to protect essential services supporting the I/DD community. While there, participants connected with former self-advocacy specialist Kathleen Contreras, now Vice President of Program Operations at ADAPT Hudson Valley.

## ART HIGHLIGHT: CREATING YOUR OWN LUCK

The artists at 5030 Broadway created this collaborative St. Patrick's Day mural. They worked directly on the mural paper, drawing clover outlines and filling them in with colorful collage pieces. This hands-on approach brought a lively and energetic atmosphere to the activity, with paper flying and creativity flowing freely. Despite the organized chaos, the group came together to create a fun, expressive mural that reflects their enthusiasm and teamwork.



## ADVENTURE HIGHLIGHT: ERIC TELLEFSEN IN NEVADA

Eric Tellefsen is currently enjoying a vacation in Nevada with his family, embracing new experiences and making lasting memories. During the trip, Eric is trying skiing for the first time, taking on the slopes with excitement and determination. This adventure marks a special milestone as he builds confidence, enjoys the outdoors, and shares meaningful moments with loved ones.



## Future Dates to Remember

4/29: Photography in Van Cortlandt Park & Prospect Park

5/6: Whitney Art Museum

5/11: Voting and Civic Engagement with NYC Votes

5/19: Alley Pond Environmental Center

5/20: ASL Meet Up

5/21: Kensington Library

5/25: Museum of Moving Image



DREAMWORKS THEATRICALS

ADAPT [ we change ] COMMUNITY NETWORK

# SHREK THE MUSICAL JR.

May 13	May 14	May 15
11:00 AM	1:00 PM	6:00 PM

175 Lawrence Ave Brooklyn

SCAN HERE

SCAN EAR

Based on the DreamWorks Animation Motion Picture and the Book by William Steig  
Book and Lyrics by David Lindsay-Abaire Music by Jeanine Tesori  
Originally produced on Broadway by DreamWorks Theatricals and Neal Street Productions  
Original Production Directed by Jason Moore and Rob Ashford  
"I'm A Believer" by Neil Diamond

For more information and a complete list of other upcoming activities please visit

<https://adaptcommunitynetwork.trumba.com>

# LGBTQIA+ RADICAL JOY BALL

A Celebration of LGBTQ+  
and Disability Pride!

Theme: Tell Your Tale! Tell Our  
Tales!

Thursday, June 25, 2026

4:00 PM- 6:00PM

Whitney Museum  
99 Gansevoort Street  
New York, NY  
10014