

# Program Newsletter

## MARCHING IN UNITY

Artists and advocates honored Martin Luther King Jr. at the March for Dr. King Celebration. Participants stood together in pride, holding posters that celebrated Dr. King and other Civil Rights leaders, including Rosa Parks, Harriet Tubman, and Booker T. Washington. A colorful hand-painted portrait of Dr. King stood at the center, symbolizing unity, remembrance, and the ongoing commitment to justice and equality.



For more information and a complete list of other upcoming activities please visit <https://adaptcommunitynetwork.trumba.com>

## Highlights

Marching in Unity

Studio Museum of Harlem

Adaptive Ski Adventure

Celebrating Creative Expression

Disabilities Studies at NYU Tandon

Art Highlight: Honoring Dr. Martin Luther King Jr.

Upcoming Events

Scan the QR Code Below to Visit Trumba for more info



## STUDIO MUSEUM OF HARLEM



Art enthusiasts visited the Studio Museum in Harlem, independently exploring contemporary works by a range of Black artists. A live gallery discussion sparked conversation about Tom Lloyd's illuminated sculptural installations, highlighting his use of light, color, repetition, and structure. The group reflected on how the large-scale works created movement within the space while engaging with diverse artistic styles and themes throughout the museum.

## ADAPTIVE SKI ADVENTURE

Athletes participated in an adaptive skiing community trip designed to promote inclusion and confidence on the slopes. Using specialized equipment and techniques, participants experienced the joy of winter sports in a supportive environment. Surrounded by peaceful, scenic views, the group embraced the outdoor activity while learning about the physical benefits of downhill skiing and the importance of staying active year-round.



## CELEBRATING CREATIVE EXPRESSION



Artist, Mark Perry, proudly viewed his work on display at the Positive Exposure Art Gallery, marking a meaningful milestone in his creative journey. Seeing his artwork exhibited in a public space was both affirming and inspiring. The experience sparked excitement about participating in future showcases and continuing to share his artistic voice with a wider audience.

## DISABILITIES STUDIES AT NYU TANDON



ADAPT consultants began the Winter-Spring 2026 semester of the Disabilities Studies Course at the NYU Tandon School of Engineering. Now in its twelfth year, this experiential partnership empowers participants to serve as consultants, educating engineering students about living with a disability through real-world perspective and dialogue. This semester also includes collaboration with a class focused on adaptive fashion design.

## ART HIGHLIGHT: HONORING DR. MARTIN LUTHER KING JR.

In celebration of Martin Luther King Jr. Day, artists at 5030 Broadway created a vibrant mural honoring Dr. King's legacy. The piece was brought to life using tempera paint sticks and paint markers, layering bold color with intricate, hand-drawn details. Paint markers were used to add small, expressive designs across the surface, symbolizing unity, diversity, and the many voices that continue to carry Dr. King's message forward.



## Future Dates to Remember

2/27: ADAPT's Got Knowledge Begins

2/28: American Sign Language Tour: Seydou Keita at the BK Museum

3/6: Poster House

3/7: No Excuses, No Limits: Sensory-Friendly

3/8: Come & Sing: With The Lazours

3/10: Bronx Little Italy Tour

3/13: Museum of Art and Design

3/18: Natural History Museum

3/20: Hidden Waterfalls in Manhattan

3/25: New York Botanical Gardens



## OLDER ADULTS HOME MODIFICATION PROGRAM



The Older Adults Home Modification Program (OAHMP) supports free, person-centered home modifications

### TO QUALIFY, PARTICIPANTS MUST:

- Be at least 62 years old
- Live within NYC's five boroughs (renters and homeowners)
- Have a household income at or below 80% of the Area Median Income (AMI)

The program covers low-cost, high-impact modifications that reduce fall risk, increase accessibility, and help seniors remain safely at home.

### EXAMPLES OF OAHMP MAINTENANCE REPAIR ACTIVITIES

**GRAB BARS RAILINGS RAMPS LIGHTING IMPROVEMENT ADAPTIVE EQUIPMENT AND MORE**

For more information on OAHMP please contact Wendy De Leon at: [wdeleon@adaptcommunitynetwork.org](mailto:wdeleon@adaptcommunitynetwork.org) or call: 347.971.0325



@adaptwechange | [adaptcommunitynetwork.org](http://adaptcommunitynetwork.org)

For more information and a complete list of other upcoming activities please visit

<https://adaptcommunitynetwork.trumba.com>

# ADAPT'S GOT KNOWLEDGE TOURNAMENT



**WATCH LIVE ON  
WACN @ 11:00 AM**

**March 6, 2026**  
ELMWOOD AVE  
VS  
LAWRENCE AVE

**March 13, 2026**  
5030 BROADWAY  
VS  
154TH STREET

**March 20, 2026**  
FLUSHING AVE  
VS  
PORT RICHMOND

**March 27, 2026**  
PELHAM BAY  
VS  
GRAND CONCOURSE

**April 3, 2026**  
SEMI-FINALS  
2 WINNING TEAMS FROM  
BROOKLYN/ STATEN  
ISLAND

**April 10, 2026**  
SEMI-FINALS  
2 WINNING TEAMS FROM  
MANHATTAN/ BRONX

**April 17, 2026**  
FINALS  
LAST TWO WINNERS  
HEAD TO HEAD!



## ADAPT Advisory Council



Your voice in ADAPT Community Network's service delivery!!

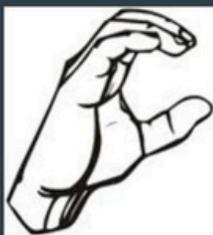
**Every third Thursday of the Month from 11AM-12PM**



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<b>Jan 15</b>	Elmwood	<b>July 16</b>	Staten Island
<b>Feb 19</b>	Flushing	<b>Aug 20</b>	154th
<b>March 19</b>	Lawrence	<b>Sept 17</b>	Pelham
<b>April 16</b>	Grand Concourse	<b>Oct 15</b>	Broadway
<b>May 21</b>	Broadway	<b>Nov 19</b>	Flushing
<b>June 18</b>	Pelham	<b>Dec 17</b>	Elmwood

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**Zoom Meeting ID:** 824 0736 7818

**MEETING IS OPEN TO EVERYONE WHO USES ADAPT COMMUNITY NETWORK SERVICES!**