









**Medicaid** 

# IS HEALTH HOME RIGHT FOR YOUR CHILD?

Like many New York families, you have a lot going on. If you are feeling overwhelmed or if you have had difficulty finding the resources or support you and your family need, New York's Health Home Program can help.

If your child has Medicaid, and if your child has chronic health, mental health, or substance use issues, then your child may be eligible for Health Home Care Management Services.

What is Health Home and how can it help your family? Learn more below.

### WHAT IS THE HEALTH HOME PROGRAM?

Many children receive health benefits through the Medicaid program. Most children are generally healthy. However, others face chronic health or other issues that may result in frequent appointments, or an additional need for services or community resources. Without access to these services, it is hard for New York families to stay healthy. New York State's Health Home program was created with these people in mind. The goal of the Health Home program is to help children and their families get the care and services they need, through the assistance of a Care Manager that will help families coordinate what is needed.

#### WHAT IS A HEALTH HOME? IS IT A PLACE?

No. A 'Health Home' is not a place; it is a network of providers **led by a Care Manager** that work together to assist children who have many needs, to help them stay healthy in their homes and communities. Joining a Health Home can help ensure that you and your family receive the care and services needed to stay healthy. Once you are enrolled in a Health Home, you will be paired with a Care Manager. Your Care Manager will work with you to determine if your child is eligible, **enroll your child, complete an assessment, and set up a care plan.** This plan will connect you to the services your child needs.

Some of these services may include:

- Doctors
- Peer advocates who have been through what you or your child are going through
- Specialized Treatment

- Housing-related support
- Resources to access food
- Transportation to appointments
- School-related services
- And other community programs





#### **HOW DO I KNOW IF HEALTH HOME IS RIGHT FOR MY CHILD?**

If your child is a Medicaid recipient or you believe your child may qualify for Medicaid, you may qualify for Health Home. To know if Health Home is right for your child, think about the following questions:

Does your child have chronic or mental health conditions for which he/ she needs regular care?



- Has your child been in the emergency room or hospital in the past six months?
- Do you have difficulty keeping medical appointments for your child?

If yes, you may be eligible for Health Home services.

# WHAT ARE THE ELIGIBILITY REQUIREMENTS TO JOIN HEALTH HOME?

Health Homes are for people with Medicaid who have two or more chronic conditions. Chronic conditions may include mental health, substance use disorder, asthma, diabetes, heart disease, and being overweight, in addition to others. HIV/AIDS and having experienced significant trauma can also qualify a child for Health Home.

# IS THERE A COST WITH JOINING A HEALTH HOME?

No. Joining a Health Home and being paired with a Care Manager is free for those who qualify and are on Medicaid.

# **HOW CAN I ENROLL IN A HEALTH HOME?**

Talk with your current service provider or contact a Health Home at any time to ask if you qualify to join a Health Home and be paired with a Care Manager. You can also be referred by your Managed Care plan, doctor, specialist, hospital emergency room or discharge planner, or Social Service District. Email HHSC@health.ny.gov for more information on a Health Home near you.



Learn how to be paired with a Care Manager to unlock the Medicaid support and services your family needs.





**ccfhh.org** 212-444-5437 | 1-888-913-4223