

# Resources

## 1. CDC - LEARN THE SIGNS, ACT EARLY

<https://www.cdc.gov/ncbddd/actearly/index.html>

- a. Video in English, Spanish, ASL
- b. Milestone Tracker App
- c. Growth Charts - easy to follow

## 2. NYC Early Intervention Program

- a. Videos
- b. Early Intervention Families Share Why Early Help Matters  
<https://www.youtube.com/watch?v=MGCODZP5-Zw>
- c. Early Intervention: Family-Centered Best Practices
- d. <https://www.youtube.com/watch?v=pHc1nLfKmBo>

# To get in touch.

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