SENSORY SMART™ STRATEGIES FOR SOUND SENSITIVITY

Thursday, August 10, 2023, 10:00 am – 11:30 am

DESCRIPTION: Many children, teens, and adults with autism and related challenges are sensitive to various frequencies of sound such as from a vacuum cleaner, hand dryer, or high-pitched voices. Others may have difficulty tolerating loud or unexpected sounds such as automatic flush toilets, thunder, or barking dogs. They may also struggle to process sounds in a noisy classroom, crowded restaurant or party, or in a busy supermarket. This presentation will provide essential insights into auditory hypersensitivity and provide practical real-life strategies and solutions attendees can use to help others feel and function more comfortably in our noisy world.

WHO SHOULD ATTEND:
Parents, family members, caregivers, therapists, teachers, and other professionals who want to enhance the lives of children, teenagers, and young adults. Although our primary focus is for individuals with autism, we welcome all who strive to achieve the same goals.

LANGUAGE: English (Spanish and Mandarin Interpretation Provided)

REGISTRATION IS REQUIRED
By web: Click Here
By Email familyconnect@adaptcommunitynetwork.org
By Phone: (718) 436-7979 Ext.704

ABOUT THE SPEAKER

Lindsey Biel, M.A., OTR/L, is an occupational therapist with a private practice in New York City where she evaluates and treats children, teenagers and young adults with autism, sensory processing issues, and other challenges.

She is co-author of the award-winning Raising a Sensory Smart Child with a foreword by Temple Grandin and the author of Sensory Processing Challenges: Effective Clinical Work with Kids & Teens. She is also coauthor of the Guggenheim For All Sensory Toolkit. Visit her website at www.sensorysmarts.com.

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