

# COMMON CHILDHOOD SLEEP CONCERNS

Thursday, June 8, 2023, 10:00 am – 11:00 am

**DESCRIPTION:** An overview of normal childhood sleep patterns, common sleep concerns and problems, and basic management principles.

**WHO SHOULD ATTEND:**

Parents, family members, caregivers and professionals who want to enhance the lives of children, teenagers & young adults. We welcome anyone who strives to achieve the same goals.

**LANGUAGE:** English (Spanish and Mandarin Interpretation Provided)

**REGISTRATION IS REQUIRED**

By web: [Click Here](#)

By Email [familyconnect@adaptcommunitynetwork.org](mailto:familyconnect@adaptcommunitynetwork.org)

By Phone: (718) 436-7979 Ext.704

**ABOUT THE SPEAKER**



**Jennifer Yoffe** is a developmental pediatrician at Montefiore Hospital in the Bronx. She graduated from medical school in 2013 and completed her pediatric residency at Columbia University Children's Hospital of New York in 2016. After practicing general pediatrics for three years in Brooklyn, NY she pursued a specialization in development and behavior.

She currently sees children for a variety of developmental and behavioral concerns and provides diagnostic clarification and treatment plans tailored to each child's needs.

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