

SENSORY SMART STRATEGIES FOR REAL-LIFE CHALLENGES

Tuesday, March 21, 2023, 10:00 am – 11:30 am

DESCRIPTION: Most children, teenagers, and adults on the autism spectrum face sensory challenges that significantly impact how they function and feel at home, in school, and in the community. This workshop will provide strategies for managing sensitivities to noise, touch, movement, visuals, taste and smell as well as ways to avoid over-stimulation and sensory overload.

WHO SHOULD ATTEND:

Parents, family members, caregivers and professionals who want to enhance the lives of children, teenagers & young adults. We welcome anyone who strives to achieve the same goals.

LANGUAGE:

English (With Spanish & Mandarin Interpretation)

REGISTRATION IS REQUIRED

By Email: familyconnect@adaptcommunitynetwork.org
By Phone: (718) 436-7979 Ext.704

Registration is required:

Click [here](#) to register. After registering, you will receive a confirmation email containing information about joining the meeting.

ABOUT THE SPEAKER

Lindsey Biel, M.A., OTR/L, is a pediatric occupational therapist with a private practice in Manhattan where she evaluates and treats children, teens and young adults with sensory processing issues, autism spectrum disorder, and other developmental challenges. She is co-author of the award-winning *Raising a Sensory Smart Child* with a foreword by Temple Grandin and the author of *Sensory Processing Challenges: Effective Clinical Work with Kids & Teens*. Visit her website at www.sensorysmarts.com.

DON'T MISS OUT, LET'S STAY CONNECTED!

adaptcommunitynetwork.org

@adaptwechange