SENSORY SMART SLEEP STRATEGIES THAT WORK

Tuesday, May 17, 2022, 10:00 am - 12:00 pm

DESCRIPTION: Getting a good night’s sleep can be difficult for kids, teens, and adults with sensory differences, particularly those with autism and other neurodivergent challenges. This webinar will share essential insights into why sleep is such an issue and provide practical strategies that can help.

WHO SHOULD ATTEND: Parents, family members, caregivers and professionals who want to enhance the lives of children, teenagers & young adults. We welcome anyone who strives to achieve the same goals.

LANGUAGE: English (With Spanish Interpretation)

REGISTRATION IS REQUIRED
By Email: familyconnect@adaptcommunitynetwork.org
By Phone: (718) 436-7979 Ext. 704

ABOUT THE SPEAKER

Lindsey Biel, M.A., OTR/L, is a pediatric occupational therapist with a private practice in Manhattan where she evaluates and treats children, teens and young adults with sensory processing issues, autism spectrum disorder, and other developmental challenges.


DON'T MISS OUT, LET'S STAY CONNECTED!
adaptcommunitynetwork.org
@adaptwechange